



Dear Parent or Guardian,

Now that your student has returned from abroad (or will soon) you must be very excited to learn about his/her educational and cultural experiences. He/She will be anxious to see family and friends, to share special moments and memories.

While abroad, he/she may have experienced “culture shock.” This well-studied phenomenon refers to the loss of emotional equilibrium suffered when one leaves a familiar environment, especially when moving between countries or cultures. Now as your student returns home, “reverse culture shock” can occur and can be, for some students, a more difficult transition.

International Education would like to provide some insight on what to expect when your student has returned home from what was most likely a life-changing experience abroad, as well as some resources to help guide both you and your student through the reentry process.

Please click on the following link to view this information:

<http://studyabroad.richmond.edu/?go=ParentReentryFAQ>

Should you have any questions or concerns, please contact our office at 1-804-289-8836 or [studyabroad@richmond.edu](mailto:studyabroad@richmond.edu).

Sincerely,

[International Education](#)  
University of Richmond